



The Prayer of Istikhaarah

Supplication for seeking guidance in forming a decision or choosing the proper course...etc.

On the authority of Jaabir Ibn ‘Abdullaah رضي الله عنه, he said: ‘The Prophet صلى الله عليه وسلم would instruct us to pray for guidance in all of our concerns, just as he would teach us a chapter from the Quran. He صلى الله عليه وسلم would say ‘If any of you intends to undertake a matter then let him pray two supererogatory units (two rak’ah naafilah) of prayer and after which he should supplicate:

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allaahumma 'innii 'astakhiiruka bi`ilmik, wa 'astaqdiruka biqudratik, wa 'as'aluka min faDlika-lAaZiim, fa 'innaka taqdiru wa laa 'aqdir, wa ta`lamu wa laa 'a`lam, wa 'anta `allaamu-lghuyuub.

allaahumma 'in kunta ta`lamu 'anna ***** khayrun lii fii diinii wa ma`aashii wa `aaqibati 'amrii `aajili 'amrii wa 'aajilih, fa-qdurhu lii wa yassirhu lii, thumma baarik lii fiih, wa 'in kunta ta`lamu 'anna ***** sharrun lii fii diinii wa ma`aashii wa `aaqibati 'amrii `aajili 'amrii wa 'aajilih, fa-Srifhu `annii, wa-Srifnii `anhu, wa-qdur li-lkhayra Haythu kaana, thumma raDDinii bih.

“O Allah, I seek Your counsel by Your knowledge and by Your power I seek strength and I ask You from Your immense favour, for verily You are able while I am not and verily You know while I do not and You are the Knower of the unseen.

O Allah, if You know this affair ***** to be good for me in relation to my religion, my life, and end, then decree and facilitate it for me, and bless me with it, and if You know this affair ***** to be ill for me towards my religion, my life, and end, then remove it from me and remove me from it, and decree for me what is good wherever it be and make me satisfied with such.”

***** : In this place, he mentions his needs.

Notes: This invocation is taken from the book of “ _____ Fortification of the Muslim through remembrance and supplication from the Quran and the Sunnah”